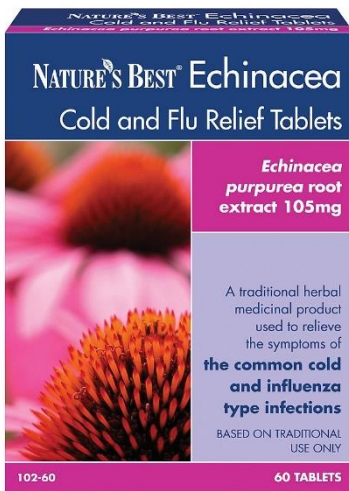


Product Information



Daily Intake

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For oral use only. Start at the first sign of a common cold. Adults and the elderly and children over 12 years: Take one tablet twice a day. Swallow the tablet whole with some water or other liquid. Do not chew. Do not take this product for more than 10 days. If symptoms worsen or persist for more than 10 days or you get a high fever, consult your doctor or qualified healthcare practitioner. Do not exceed stated dose.

Formula

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Typically per tablet

Echinacea purpurea Root Extract	105mg
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(Equivalent to 630mg-840mg of root)

Ingredients

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EXCIPIENTS IN THE EXTRACT:

Maltodextrin, Colloidal Anhydrous Silica.

TABLET CORE:

Maltodextrin, Microcrystalline Cellulose, Sodium Croscarmellose, Stearic Acid, Magnesium Stearate, Colloidal Anhydrous Silica.

TABLET COATING: Hypromellose, Glycerol.

Suitable For

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This product is suitable for adults and the elderly and children over 12 years. This product is suitable for vegetarians and vegans.

Cautions/Allergies

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Do not use if you: Are pregnant or breastfeeding. Are allergic to any of the ingredients or to Echinacea or any other members of the Asteraceae/Compositae family such as daisies, marigolds or artichokes. Are under 12 years of age. Suffer from allergic reactions such as hives, eczema or asthma. Suffer from connective tissue disease with the formation of clump cells (sarcosis), mainly occurring in the lymph nodes, lungs or liver. Suffer from autoimmune diseases such as inflammation of the connective tissue (collagenoses), or multiple sclerosis. Suffer from diseases which decrease your resistance to infection (eg HIV or AIDS). Are undergoing therapy to decrease your natural response to infection e.g. chemotherapy or radiotherapy for cancer; history of organ or bone marrow transplant. Suffer from blood disorders involving the white blood cell system such as low white blood cell count due to bone marrow disorders (agranulocytosis) or blood cell cancers (leukaemia). Are taking any immunosuppressant medication such as ciclosporin or methotrexate. For more information please read leaflet.

This product is free from wheat, gluten, yeast, dairy, soya, nuts and shellfish.

Product Information



Daily Intake

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Take 1 tablet daily with a meal.

Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and healthy lifestyle.

Formula

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Typically per capsule

Vitamin D	25µg
Vitamin C	150mg
Zinc	10mg
Selenium	110µg
Yeast	338mg

(Saccharomyces Cerevisiae) providing
1,3/1,6 beta glucans 250mg

Ingredients

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Yeast (providing Beta-Glucans), Cellulose, DiCalcium Phosphate, Vitamin C (Ascorbic Acid), Zinc Citrate, Anti-caking Agents (Silicon Dioxide, Magnesium Stearate & Stearic Acid), Vitamin D (Vitamin D3, Antioxidant: dl alpha Tocopherol), Tablet Coating (Hydroxypropyl Methylcellulose, Glycerine), Stearic Acid, Selenium (Sodium Selenite).

Suitable For

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This product is suitable for all adults. This product is suitable for vegetarians.

Cautions/Allergies

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For allergens see ingredients listed in bold.

Do not take if pregnant or breast feeding.

This product is free from wheat, dairy, soya and nuts.

This product is free from gluten containing ingredients.