

Otrivine[®]



Adult Measured Dose Sinusitis Spray

Xylometazoline Hydrochloride

Patient Information Leaflet

10 ml of aqueous solution containing 0.1% w/v Xylometazoline Hydrochloride in a measured dose presentation. Also contains benzalkonium chloride, sodium phosphate, disodium edetate, sodium acid phosphate, sodium chloride, sorbitol, hypromellose and purified water.

PL Holder:

Novartis Consumer Health, Horsham, RH12 5AB, UK

Manufacturer:

Novartis Consumer Health SA, CH-1260 Nyon, Switzerland

What is Nasal Congestion?

A blocked nose such as occurs with a cold is caused by excessive nasal secretions and the swelling up of many tiny blood vessels in the lining of the nose. The air passages become narrower and the nasal secretions may block the nose completely.

How does Otrivine help?

Otrivine helps to open up the nasal passages by reducing the excessive nasal secretions and returning the swollen blood vessels to their normal size. The effects start within minutes and last for up to ten hours. Otrivine Adult Measured Dose Sinusitis Spray is for local application in the symptomatic relief of nasal congestion, perennial and allergic rhinitis (including hay fever) and sinusitis.

Before using Otrivine

Do not use if you are sensitive to any of the ingredients of Otrivine. Do not use if you have had recent neurosurgery. The Adult Spray should not be used for infants or children under 12 years.

Decongestants should not be used for more than seven consecutive days. If symptoms persist consult your doctor.

Warning: Do not exceed the recommended dosage.

If you are pregnant or taking other medicines or are under a doctor's care, consult him before using Otrivine.

Consult your doctor before using Otrivine if you have heart or circulatory disease.

To avoid possible spread of infection, this pack should only be used by one person.

How to use Otrivine Adult Measured Dose Sinusitis Spray

Dosage

For Adults and Children over 12 years of age, one application in each nostril 1 to 3 times daily.



1. Clear the nose.
2. Lean forward slightly and insert the nozzle into a nostril (see diagram).
3. Depress pump and sniff at the same time.
4. Repeat for the other nostril.

Some patients who have sensitive nasal passages may feel some local discomfort when applying the nasal spray. Other side effects, such as palpitations, nausea and headache, are very rare. If these side effects are severe, or you experience other side effects, consult your doctor or pharmacist.

Do not use this product after the expiry date shown on the carton.

Keep all medicines out of the reach of children.

For reasons of hygiene do not use this bottle for more than 28 days after first opening it.

Otrivine is a registered trade mark.

Novartis Consumer Health, Horsham, RH12 5AB, UK

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