PACKAGE LEAFLET: INFORMATION FOR THE USER

BISODOL® INDIGESTION RELIEF TABLETS

Calcium Carbonate 522 mg, Light Magnesium Carbonate 68 mg, Sodium Hydrogen Carbonate 64 mg.

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to take Bisodol Indigestion Relief Tablets carefully to get the best results.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If any of the side effects get serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Bisodol Indigestion Relief Tablets are and what they are used for
2. Before you take Bisodol Indigestion Relief Tablets
3. How to take Bisodol Indigestion Relief Tablets
4. Possible side effects
5. How to store Bisodol Indigestion Relief Tablets
6. Further information

1. WHAT BISODOL INDIGESTION RELIEF TABLETS ARE AND WHAT THEY ARE USED FOR

Bisodol Indigestion Relief Tablets are antacids. They work by neutralising excess stomach acid.
Bisodol Indigestion Relief Tablets treat the pain and discomfort of acid indigestion, heartburn and trapped wind.

2. BEFORE YOU TAKE BISODOL INDIGESTION RELIEF TABLETS

Do not take Bisodol Indigestion Relief Tablets:

- If you are allergic to any of the ingredients (see Section 6 for ingredients),
- If you have been told the level of phosphate in your blood is low (hypophosphataemia),
- If you have heart or kidney problems.

Take special care with Bisodol Indigestion Relief Tablets:

- If you have been told by your doctor that you are intolerant to some sugars, speak to your doctor before taking Bisodol Indigestion Relief Tablets.
- If you are following a controlled sodium diet, you should take into consideration that each tablet contains 18mg of sodium.

Taking other medicines
If you are taking tetracycline antibiotics or iron tablets, speak to your doctor or pharmacist before taking Bisodol Indigestion Relief Tablets.

Pregnancy and breast-feeding
Ask your doctor or pharmacist for advice before taking any medicine.

3. HOW TO TAKE BISODOL INDIGESTION RELIEF TABLETS

Dose

- **Adults, the elderly and children over 12 years**
  Suck or chew one or two tablets, as required.

- **Children under 12 years**
  Not recommended.

If symptoms persist, you should consult your doctor.

If you take more Bisodol Indigestion Relief Tablets than you should
It is unlikely that they will cause you any harm. However, you may experience constipation, diarrhoea or feel bloated. Consult your doctor if these symptoms do not go away.

If you stop taking Bisodol Indigestion Relief Tablets
If you stop taking Bisodol Indigestion Relief Tablets after you have been taking them for a long time, you may suffer a temporary worsening of symptoms. This is called rebound hyperacidity. Consult your doctor if this symptom does not go away.

If you have any further questions on the use of this medicine, ask your pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Bisodol Indigestion Relief Tablets can cause side effects, although not everybody gets them.

Some patients may experience side effects such as constipation or diarrhoea.

If any of the side effects get serious or last more than a few days, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE BISODOL INDIGESTION RELIEF TABLETS

Keep out of the reach and sight of children.

Do not use after the expiry date printed on the carton and tube label after EXP. The expiry date refers to the last day of that month.

Do not store above 25°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What Bisodol Indigestion Relief Tablets contain
The active ingredients are calcium carbonate 522 mg, light magnesium carbonate 68 mg and sodium hydrogen carbonate 64 mg.

The other ingredients are saccharin sodium, maize starch, sucrose, calcium stearate and peppermint oil flavouring.

What Bisodol Indigestion Relief Tablets look like and contents of the pack
Bisodol Indigestion Relief Tablets are chewable tablets. They are round, white tablets with Bisodol imprinted on both sides.

Bisodol Antacid Tablets are available in packs of 20, 30 and 100 tablets.

Marketing Authorisation holder
Forest Laboratories UK Limited
Dartford
Kent
DA2 6SL

Manufacturer
Brunnel Healthcare Manufacturing Ltd
Swadlincote
Derbyshire DE11 0BB
UK

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Other formats:

To listen to or to request a copy of this leaflet in Braille, large print or audio please call, free of charge:

0800 198 5000 (UK only)

Please be ready to give the following information:

Product Name	Reference Number
Bisodol Indigestion Relief Tablets	0108/0123

This is a service provided by the Royal National Institute for Blind People.