

# Clarityn<sup>®</sup>

## Allergy 10mg Tablets Loratadine

**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription, however you will still need to take *Clarityn Allergy tablets* carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If you develop serious side effects or you notice any not listed in this leaflet, please tell your doctor or pharmacist.

### **In this leaflet:**

1. What *Clarityn Allergy tablets* are and what they are used for
2. Before you take *Clarityn Allergy tablets*
3. How to take *Clarityn Allergy tablets*
4. Possible side effects
5. How to store *Clarityn Allergy tablets*
6. Further information

### **1. WHAT CLARITYN ALLERGY TABLETS ARE AND WHAT THEY ARE USED FOR**

*Clarityn Allergy tablets* belong to a class of medicines known as antihistamines.

Antihistamines help to reduce allergic symptoms by preventing the effects of a substance called histamine, which is produced in the body.

The tablet relieves symptoms associated with allergic rhinitis (for example, hayfever) such as sneezing, runny or itchy nose and burning or itchy eyes.

The tablet may also be used to help relieve symptoms of urticaria (itching and redness), which is often known as hives or nettle rash.

### **2. BEFORE YOU TAKE CLARITYN ALLERGY TABLETS**

**Do not take *Clarityn Allergy tablets***

- If you are allergic (hypersensitive) to loratadine or any of its other ingredients
- If you are pregnant or breastfeeding

**Take special care with *Clarityn Allergy tablets***

Before taking these tablets, tell your doctor or pharmacist if you have liver disease.

### **Taking other medicines**

If you are taking any other medicines, including medicines taken without a prescription, please consult your pharmacist or doctor before use.

### **Laboratory tests**

If you are scheduled to have any skin tests for allergies, you should not take these tablets for two days before.

**Taking *Clarityn Allergy tablets* with food and drink**

The tablets can be taken with or without a meal. The tablets have not been shown to add to the effects of an alcoholic drink.

### **Driving and using machinery**

At the recommended dose *Clarityn Allergy tablets* are not expected to cause you to be drowsy or less alert. However, very rarely some people experience drowsiness, which may affect their ability to drive or use machinery.

**Important information about the ingredients of *Clarityn Allergy tablets***

These tablets contain lactose. If you have an intolerance to some sugars, please speak to your pharmacist or doctor before taking this medicine.

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### 3. HOW TO TAKE CLARITYN ALLERGY TABLETS

#### Giving this medicine to children

*Clarityn Allergy syrup* may be preferable for children. It is important to know how much your child weighs to make sure that you give the correct amount of medicine. For example, a 9 year old child weighs about 30kg (4st 7lb). If in doubt weigh your child and then follow the instructions in the table. Do not give to children under 2 years or who weigh less than 30kg (4st 7lb).

Age	How much to take	How often to take
Adults and children over 12 years	1 x tablet	Once daily
Children of 2 to 12 years who weigh more than 30kg (4st 7lb)	1 x tablet	Once daily
If you have severe liver problems your doctor or pharmacist may advise you to take the recommended amount every other day. If this applies to you follow their instructions.		

#### If you take more tablets than you should

No serious problems are expected with accidental overdose. However, if you take more tablets than recommended contact your pharmacist or doctor.

#### If you forget to take a tablet

If you forget to take your dose on time, take it as soon as possible and then go back to your regular dosing schedule. Do not take a double dose to make up for a forgotten dose.

#### If you stop taking your tablets

If you have any further questions on the use of this product ask your pharmacist or doctor.

### 4. POSSIBLE SIDE EFFECTS

Like all medicines *Clarityn Allergy tablets* can cause side effects, although not everybody gets them. Patients have very rarely experienced hypersensitive reactions, such as difficulty in breathing, swelling of the face, neck, tongue or throat after use of this product. If you experience any of these side effects stop taking the tablets and contact your pharmacist or doctor at once. The most commonly reported side effects in children aged 2 through 12 years include headache, nervousness and tiredness. The most commonly reported side effects in adults and adolescents include drowsiness, headache, increased appetite and difficulty sleeping. Other side effects reported very rarely were dizziness, irregular or rapid heart beat, nausea (feeling sick), dry mouth, upset stomach, liver problems, hair loss, rash and tiredness.

If you develop serious side effects or you notice any not listed in this leaflet, please tell your doctor or pharmacist.

### 5. HOW TO STORE CLARITYN ALLERGY TABLETS

This medicinal product does not require any special storage precautions. Keep out of reach and sight of children. Do not use *Clarityn Allergy tablets* after the expiry date which is stated on the blister after Exp. The expiry date refers to the last day of the month. Do not use this medicine if you notice any change in the appearance of the tablet. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### 6. FURTHER INFORMATION

#### What *Clarityn Allergy tablets* contain

The active substance is loratadine 10mg. The other ingredients of the tablet are lactose monohydrate, maize starch, magnesium stearate.

#### What *Clarityn Allergy tablets* look like and the contents of the pack

*Clarityn Allergy tablets* are white, to off-white, oval tablets with flask and bowl, scoreline and the number "10" on one side. The tablets are packed in 5, 7, 10, 14, 15, 20, 21, 28, 30 or 60 tablets. Not all pack sizes may be available.

#### Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder:  
Merck Sharp & Dohme Limited  
Hertford Road  
Hoddesdon  
Herts  
EN11 9BU  
United Kingdom

Manufacturer:  
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This leaflet was last approved September 2011.

PIL.Clarityntabs.11.UK.3496-MA0600