

Clarityn **Rapide**

Allergy 10mg Tablets

Loratadine

Fast Dissolving Tablets

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you will still need to take *Clarityn Rapide Allergy* 10 mg carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If you develop serious side effects or you notice any not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What *Clarityn Rapide Allergy* is and what it is used for
2. Before you take *Clarityn Rapide Allergy*
3. How to take *Clarityn Rapide Allergy*
4. Possible side effects
5. How to store *Clarityn Rapide Allergy*
6. Further information

1. WHAT CLARITYN RAPIDE ALLERGY IS AND WHAT IT IS USED FOR

Clarityn Rapide Allergy belongs to a group of medicines known as antihistamines.

Antihistamines help to reduce allergic symptoms by preventing the effects of a substance called histamine, which is produced in the body.

The medicine relieves symptoms associated with allergic rhinitis (for example, hayfever) such as sneezing, runny or itchy nose and burning or itchy eyes.

The medicine may also be used to help relieve symptoms of urticaria (itching and redness), which is often known as hives or nettle rash.

2. BEFORE YOU TAKE CLARITYN RAPIDE ALLERGY

Do not take *Clarityn Rapide Allergy*

- If you are allergic (hypersensitive) to loratadine or any of its other ingredients.
- If you are pregnant or breastfeeding.

Take special care with *Clarityn Rapide Allergy*

Before taking this medicine, tell your doctor or pharmacist:

- If you have liver disease.

Taking other medicines

If you are taking any other medicines, including medicines taken without a prescription, please consult your pharmacist or doctor before use.

Laboratory tests:

If you are scheduled to have any skin tests for allergies, you should not take *Clarityn Rapide Allergy* for two days before.

Taking *Clarityn Rapide Allergy* with food and drink

The medicine can be taken with or without a meal.

The medicine has not been shown to add to the effects of an alcoholic drink.

Driving and using machinery

At the recommended dose *Clarityn Rapide Allergy* is not expected to cause you to be drowsy or less alert. However, very rarely some people experience drowsiness, which may affect their ability to drive or use machinery.

3. HOW TO TAKE CLARITYN RAPIDE ALLERGY

Take one tablet once daily. Peel off backing and gently push out tablet from the blister taking care to avoid crushing. Allow to disperse in the mouth and swallow. No water or other liquid is required.

Giving this medicine to children:

Clarityn Allergy syrup may be preferable for children.

It is important to know how much your child weighs to make sure that you give the correct amount of medicine. For example, a 9 year old child weighs about 30kg (4 stone 7lbs). If in doubt weigh your child and then follow the instructions in the table.

Do not give to children under 2 years or who weigh less than 30kg.

Age	How much to take	How often to take
Adults and children over 12 years	1 x tablet	Once daily
Children of 2 to 12 years who weigh more than 30kg (4st 7lb)	1 x tablet	Once daily
If you have severe liver problems your doctor or pharmacist may advise you to take the recommended amount every other day. If this applies to you follow their instructions.		

If you take more Clarityn Rapide Allergy than you should

No serious problems are expected with accidental overdose. However, if you take more medicine than recommended, contact your pharmacist or doctor immediately.

If you forget to take your medicine

If you forget to take your dose on time, take it as soon as possible and then go back to your regular dosing schedule. Do not take a double dose to make up for a forgotten dose.

If you stop taking your medicine

If you have any further questions on the use of this product ask your pharmacist or doctor.

4. POSSIBLE SIDE EFFECTS

Like all medicines *Clarityn Rapide Allergy* can cause side effects, although not everybody gets them.

Patients have very rarely experienced hypersensitive reactions such as difficulty in breathing, swelling of the face, neck, tongue or throat after use of this product. If you experience any of these side effects, stop taking the medicine and contact your pharmacist or doctor at once.

The most commonly reported side effects in children aged 2 through 12 years include headache, nervousness and tiredness. The most commonly reported side effects in adults and adolescents include drowsiness, headache, increased appetite, and difficulty sleeping.

Other side effects reported very rarely were dizziness, irregular or rapid heartbeat, nausea (feeling sick), dry mouth, upset stomach, liver problems, hair loss, rash and tiredness.

If you develop serious side effects or you notice any not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE CLARITYN RAPIDE ALLERGY

Store in the original package in order to protect from moisture; the medicine does not require any special temperature storage condition.

Keep out of the reach and sight of children.

Do not use *Clarityn Rapide Allergy* after the expiry date which is stated on the blister after Exp. The expiry date refers to the last day of the month.

Do not use this medicine if you notice any changes in its appearance.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What *Clarityn Rapide Allergy* contains:

- The active substance is loratadine 10mg.
- The other ingredients are gelatin, mannitol, anhydrous citric acid, mint flavour.

What *Clarityn Rapide Allergy* looks like and the contents of the pack

Clarityn Rapide Allergy is a white, round, tablet-shaped unit, marked with "C10". The technical term for these units is "oral lyophilisates", which are a kind of fast dissolving tablet. The tablets are packed in 7, 8 or 10 tablets. Not all pack sizes are available.

Marketing Authorisation Holder and Manufacturer:

MAH:
Merck Sharp & Dohme Limited
Hertford Road
Hoddesdon
Hertfordshire, EN11 9BU
UK

Manufacturer:
Schering-Plough Labo NV, Industriepark, 30,
B-2220 Heist-op-den-Berg, Belgium.

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