

# Cymex<sup>®</sup>

## Ultra

### Aciclovir 5% cream

Please read this leaflet carefully before you start to use your medicine. Don't throw this leaflet away, you might want to read it again while you are using Cymex Ultra. This leaflet does not contain all the information about Cymex Ultra. So, if you have any questions or are not sure about anything please ask your doctor or pharmacist.

#### **The name of your medicine is Cymex Ultra.**

Cymex Ultra contains the active ingredient Aciclovir.  
Each gram of the cream contains 50 mg of Aciclovir.  
Cymex Ultra is available in a 2g tube.

The other ingredients in Cymex Ultra are stearyl macrogolglycerides, dimeticone, cetyl alcohol, liquid paraffin, white soft paraffin, propylene glycol and purified water.

#### **What does this medicine do?**

Aciclovir belongs to a group of medicines called antivirals. Aciclovir works in cells that are infected by certain viruses, including the herpes simplex virus. It interferes with virus DNA, slowing down virus growth. Aciclovir is not harmful to human DNA.

#### **Product Licence Number**

Cymex Ultra PL 20395/0001

#### **Product Licence Holder**

RelonChem Limited, 27 Old Gloucester Street, London WC1 3XX

#### **Manufacturer**

Stada Arzneimittel AG, Stadastrasse 2-18, D-61118 Bad Vilbel, Germany.

#### **Distributor**

Actavis, Barnstaple, EX32 8NS, UK

#### **What is this medicine for?**

Cymex Ultra is used to treat cold sores of the lips and face caused by the herpes simplex virus. Aciclovir has been shown to speed up the healing of cold sore blisters, if it is used soon enough.

#### **Before using Cymex Ultra for the first time**

If you answer YES to any of the following questions, or are not sure, talk to your doctor or pharmacist before using this medicine

- Have you been told or do you know that you have had a reaction to Aciclovir, or any of the other ingredients of the cream? Check by reading the list of ingredients above.
- Are you pregnant or breast feeding?
- Do you have a weak immune system for example after chemotherapy or radiotherapy, or due to immune deficiency disease or following transplant surgery?

If you are not sure that your symptoms are caused by a cold sore, then please consult your doctor or pharmacist before use.

#### **Advice when using Cymex Ultra**

Some precautions need to be followed when using Cymex Ultra:

- To work at its best, Cymex Ultra should be started as soon as possible after the first symptoms of infection appear. People who suffer from cold sores can often tell when they are about to get a cold sore by a tingling or itching sensation. Cymex Ultra should be used at this tingling stage, or just after skin blisters appear. If you get cold sores often, it may be useful to keep a pack ready for your next one.
- Never apply Cymex Ultra to areas of the body called mucous membranes, as the cream can cause irritation. These areas to avoid include the inside of the mouth, nose and genitals. Never apply Cymex Ultra to the eyes.

As this medicine is a cream, it should not affect your ability to drive or operate machinery.

## **Taking other medicines whilst using Cymex Ultra**

As Cymex Ultra is applied directly onto the skin, very little is absorbed into the blood and the rest of your body. Because of this, it is unlikely to affect other medicines which you may be taking.

## **How to Use Your Medicine**

**Cymex Ultra is for use on the skin only. It is not to be taken orally.**

The following instructions will tell you how to use Cymex Ultra.

1. Wash your hands
2. Apply a thin film of Cymex Ultra to the infected skin, and the skin immediately next to it, using your fingertip. Take care not to rub the infected skin any more than you need to.
3. You should apply Cymex Ultra to the infected area 5 times each day, at intervals of about 4 hours.
4. Wash your hands again. Herpes simplex is infectious and you should try to avoid touching the infected skin with your hands or with towels, etc. to prevent spreading the infection.

## **For how long do I need to use Cymex Ultra?**

You should continue to use your cream for 5 days. If infection has not healed after this time, treatment can be continued for up to 5 more days.

If your skin infection does not get better after 10 days of treatment or gets worse at any time, tell your doctor as soon as possible.

## **What should I do if I miss a dose?**

If you forget to use your cream, apply some as soon as you remember, then go on as before.

## **What should I do if Cymex Ultra accidentally swallowed or misused?**

Cymex Ultra is not to be used in the mouth as it may irritate the skin in these areas.

If Cymex Ultra is accidentally swallowed, do not worry, but contact your doctor for advice.

Never use Cymex Ultra in the eye – if it gets into the eyes, wash it out with plenty of clear water. If your eyes get sore, tell your doctor.

## **Are there any side-effects to this medicine?**

Whilst most patients who use Cymex Ultra do not have any problems, your medicine may, in common with all medicines, have some unwanted effects.

The reported unwanted effects are limited to irritation of the treated skin areas, for example brief sensations of burning or stinging, reddening, dryness or scaling.

Cetyl alcohol and Propylene glycol are ingredients in your cream known as excipients. These excipients can cause skin irritation and redness to the area where the cream is applied. If you get any of these side effects and they become troublesome, or if you get any other side effects, let your doctor know. He will decide if you should continue using this medicine.

## **Further Information**

Do not use Cymex Ultra after the expiry or 'use by' date shown on the container.

- Do not use 6 weeks after first opening the tube.
- Always keep Cymex Ultra in a safe place out of sight and reach of children, preferably in a locked cupboard.
- Keep Cymex Ultra in its original container and store at a temperature below 25°C (room temperature), but do not refrigerate or freeze.
- Remember: this medicine is for you. Never give this medicine to anyone else. It may harm them even if they have the same symptoms as you.

Additional information is available from your doctor and pharmacist.

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