

# **LANACANE<sup>\*</sup>**

**Anaesthetic Cooling Cream Medication**

**Creme 30g & 60g**

**3% Benzocaine Ph.Eur**

# **PACKAGE LEAFLET: INFORMATION FOR THE USER**

**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription. However, you still need to use Lanacane carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after one week.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## ***IN THIS LEAFLET:***

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### ***1. What Lanacane is and what it is used for***

Lanacane is an anaesthetic cooling cream. The active ingredient is Benzocaine. It is formulated to provide fast relief from itching and irritation from conditions such as insect bites and stings, nettle stings, everyday cuts and scrapes, skin chafe, external vaginal and external anal (back passage) itching.

Benzocaine works below the skin surface to anaesthetise sensory nerves, to stop itching and irritation fast and eliminate the urge to scratch.

### ***2. Before You Use Lanacane***

#### **Do not use LANACANE:**

- if you are allergic (hypersensitive) to benzocaine or any of the other ingredients of Lanacane.
- if you are under 12 years of age.
- on your eyes.

**Take special care with Lanacane:**

Medicines are not always suitable for everyone. Before you use Lanacane you should consult your doctor if you have general itching all over your body.

**Taking other medicines**

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

**Pregnancy and breast-feeding**

- Do not use Lanacane if you are pregnant or breast-feeding without first consulting a doctor.
- Ask your doctor or pharmacist for advice before taking any medicine.

**Driving and using machines**

- There are no effects on ability to drive and use machines.

**Important information about some of the ingredients of Lanacane**

Lanacane contains sulphonated castor oil which may cause skin reactions.

**3. How to use Lanacane**

Always use Lanacane exactly as detailed in the instructions. You should check with your doctor or pharmacist if you are not sure how to use the product.

Lanacane is for external use on the skin by adults and children aged 12 years and above.

Before use, pierce the tube seal using the spike on the cap. Apply the cream to the affected area. You can repeat the treatment as needed up to 3 times daily for up to one week. If symptoms persist for more than one week, consult your doctor.

If you accidentally swallow Lanacane, it is unlikely to be harmful, but contact your doctor or pharmacist if you are worried.

If you forget to use Lanacane, do not use a double application to make up for a forgotten treatment. When you remember, apply the cream and continue with the treatment.

You should check with your doctor or pharmacist if you are not sure.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

**4. Possible Side Effects**

Like all medicines, Lanacane can cause side effects, although not everybody gets them. On very rare occasions, the use of Lanacane can result in a skin reaction called sensitivity. Sensitivity can be recognised by reddening of the skin, minor swelling, blistering, or the itch and/or irritation becoming more intense. In the unlikely event that you experience these symptoms, **stop using Lanacane and consult your doctor for advice.** If you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## **5. How To Store Lanacane**

Keep out of the reach and sight of children.

Store at room temperature (below 25°C).

Do not use after the expiry date which is stated on the packaging and on the seal of the tube. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste.

Ask your pharmacist how to dispose of medicines no longer required.

These measures will help to protect the environment.

## **6. Further information**

### **What Lanacane contains**

The active substance is Benzocaine 3.0% E.P. Each gram of cream contains 30mg Benzocaine (3% w/w).

The other ingredients are: Chlorothymol, Diethylene Glycol Monoethyl Ether, Docusate Sodium, Perfume, Glycerine, Glycerol Monostearate, Isopropyl Alcohol, Stearic Acid, Sulphonated Castor Oil, Trolamine, Purified Water, Zinc Oxide.

### **What Lanacane looks like and contents of the pack**

Lanacane is an emulsion cream supplied in decorated sealed aluminium tubes of 30g and 60g with white caps, overpacked in printed folding cardboard unit cartons. Not all pack sizes may be marketed.

### **Marketing Authorisation Holder**

Combe International Limited  
4th Floor, A.M.P. House  
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### **Manufacturer**

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