

**Rennie****DEFLATINE**

Calcium carbonate, Magnesium carbonate, Simeticone

**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription. However, you still need to take Rennie Deflatine tablets carefully to get the best results from them. Keep this leaflet, you may need to read it again. Ask your pharmacist if you need more information or advice. You must contact a doctor if your symptoms worsen or do not improve. If you have any unusual effects after taking Rennie Deflatine, tell your doctor or pharmacist.

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### **1. WHAT IS RENNIE DEFLATINE AND WHAT IS IT USED FOR?**

**Rennie Deflatine** relieves the discomfort of trapped wind and its associated symptoms of bloating, pressure and fullness after food. It has been formulated with simeticone, a highly effective ingredient which relieves the symptoms of trapped wind. It acts to gently disperse the trapped air bubbles thus helping to eliminate the symptoms discreetly and without embarrassment. This product also has antacid properties meaning it can neutralise any excess acid which causes associated symptoms of indigestion.

### **2. BEFORE YOU TAKE RENNIE DEFLATINE**

#### **Do not take Rennie Deflatine:**

- If you have severe kidney disease.
- If you have high calcium levels in the blood.
- If you are allergic (hypersensitive) to any of the ingredients (*listed in Section 6. Further Information*).

#### **Special precautions :**

Do not exceed the stated dose.

Rennie Deflatine should not be used for a prolonged period without consulting a doctor. Please consult your doctor or pharmacist if you have any kidney problems.

This product contains sorbitol (E420). If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product. If symptoms persist consult your doctor.

#### **Taking other medicines:**

- Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.
- If you are taking antibiotics (tetracyclines, quinolones) speak to your doctor or pharmacist before taking Rennie Deflatine because it can affect how these medicines work.
- To maximise the benefit of all medicines being used, take Rennie Deflatine 1 to 2 hours after taking any other medicines.

### **3. HOW TO TAKE RENNIE PEPPERMINT**

**Adults:** 1-2 tablets to be sucked or chewed as required, up to a maximum of 16 tablets a day.

### **Pregnancy and breast-feeding:**

Rennie Deflatine can be used during pregnancy and breastfeeding if taken as instructed.

### **If you take more Rennie Deflatine than you should:**

Drink plenty of water and consult your doctor or pharmacist. Symptoms of an overdose include nausea and vomiting, tiredness, increased urine production, increased thirst, dehydration and abnormal muscular weakness.

If you have any questions on the use of this product, ask your doctor or pharmacist.

### **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Rennie Deflatine can cause side effects, although not everybody gets them. Side effects are unlikely at the recommended dose.

Very rarely, rashes, swelling or shortness of breath may occur. If you experience these or any other unusual side effect after taking these tablets you should seek the advice of a doctor or pharmacist.

### **5. HOW TO STORE RENNIE DEFLATINE**

Keep out of the reach and sight of children. Do not store above 25°C and keep in the original pack.

Do not use Rennie Deflatine after the expiry date which is stated on the carton and blister. The expiry date refers to the last day of that month.

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **6. FURTHER INFORMATION**

#### **What Rennie Deflatine contains:**

Each tablet contains the active ingredients: simeticone 25mg, calcium carbonate 680mg and heavy magnesium carbonate 80mg.

The other ingredients are sorbitol (E420), magnesium stearate, potato starch, pregelatinised maize starch, talc, mint flavour, lemon flavour.

#### **What Rennie Deflatine looks like and the contents of the pack:**

Rennie Deflatine are cream white square tablets, engraved "RENNIE" on both faces.

Rennie Deflatine are available in packs of 2, 4, 6, 12, 16, 18, 20, 24, 36, 48, 60, 96 tablets. Not all pack sizes may be marketed.

#### **Marketing Authorisation Holder and Manufacturer:**

Marketing Authorisation Holder: Bayer plc, Consumer Care division, Bayer House, Strawberry Hill, Newbury, Berkshire, RG14 IJA, UK. [consumer.care@bayer.co.uk](mailto:consumer.care@bayer.co.uk)  
Manufacturer: Bayer Santé Familiale, 74240 Gaillard, France.

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