



NightPain

Paracetamol + Diphenhydramine

Please read right through this leaflet before you start using this medicine.

This medicine is available without prescription, but you still need to use Panadol NightPain carefully to get the best results from them.

- Keep this leaflet you may need to read it again.
- If you have any questions, or if there is anything you do not understand, ask your pharmacist.

In this leaflet:

1. What Panadol NightPain does
2. Check before you take Panadol NightPain
3. How to take Panadol NightPain
4. Possible side effects
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1. What Panadol NightPain does

Panadol NightPain is used for the relief of bedtime pain. It is suitable for pain such as headache, migraine, backache, rheumatic and muscle pain, toothache or period pain.

The active ingredients are paracetamol and diphenhydramine hydrochloride. Paracetamol is a painkiller and diphenhydramine hydrochloride is an antihistamine that causes sleepiness or drowsiness making it useful when pain is keeping you awake.

2. Check before you take Panadol NightPain



Do not take Panadol NightPain:

- if you have ever had an allergic reaction to paracetamol, diphenhydramine hydrochloride or to any of the other ingredients (listed in Section 6)
- if you have **porphyria** (too much of the pigment called porphyrin which may discolour the urine)
- if you have taken another medicine containing **paracetamol** in the last 4 hours.

Do not take with any other antihistamine-containing products.



Ask your doctor before you take this medicine:

- if you have **liver or kidney disease**, including **alcoholic liver disease**
- if you have **epilepsy**, or **seizure disorders**
- if you have an **obstruction in your stomach or gut** (for example, because of an ulcer)
- if you experience **difficulty passing urine**
- if you have narrow-angle **glaucoma** (raised pressure in the eye)
- if you have an **enlarged prostate**
- if you have **myasthenia gravis**
- if you have **asthma**, **bronchitis** or Chronic Obstructive Pulmonary Disease (**COPD**)
- if you have been told by your doctor that you have an **intolerance to some sugars**.



Take special care with Panadol NightPain

- **Do not drive or operate machinery.** Panadol NightPain is intended to produce sleepiness or drowsiness soon after the dose is taken.
- **Do not drink alcohol** while using Panadol NightPain.



If you are taking other medicines

Talk to your doctor or pharmacist before taking these tablets if you are taking any prescribed medicines; particularly **monoamine oxidase inhibitors (MAOIs)** in the last 2 weeks or **tricyclic antidepressants** (prescribed for **depression**); **atropine**; **beta blockers** (to treat heart problems); **metoclopramide** or **domperidone** (for **nausea or vomiting**); **metoprolol** or **venlafaxine**; **colestyramine** (to lower **blood cholesterol**); medicines for **stomach cramps** (e.g. **dicyclanide**) or **travel sickness** (e.g. **hyoscine**); medicines to **reduce anxiety** or to help you **sleep**; medicines that make you **drowsy** or give you a **dry mouth**; or **blood thinning drugs** (anticoagulants e.g. **warfarin**).



Pregnancy and breast feeding

Do not take Panadol NightPain if you are **pregnant or breast feeding**.

3. How to take Panadol NightPain



Adults (including the elderly) and children aged 16 years and over:
Swallow 2 tablets with water, 20 minutes before you go to bed.
Do not take more than 2 tablets in 24 hours.



- Do not take Panadol NightPain if you have already taken 4 doses of a paracetamol-containing product during the day.
- Do not take more than the recommended dose.
- Do not take if you are under 16 years.

If you take too many tablets

Immediate medical advice should be sought in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage.

Do not take Panadol NightPain for more than one week

If you are a carer of an elderly patient with confusion, this medicine should not be given. Very rare cases of serious skin reactions have been reported.

4. Possible side effects

Like all medicines, Panadol NightPain can have side effects, but not everybody gets them. If you are a carer of an elderly patient with confusion, this medicine should not be given. Very rare cases of serious skin reactions have been reported.

Stop taking this medicine and tell your doctor immediately if you experience:

- **Allergic reactions** which may be severe such as skin rash and itching sometimes with swelling of the mouth or face or shortness of breath
- **Chest tightness or thickening of phlegm**

- **Difficulty in passing urine, headaches**
- **Upset stomach, nausea or vomiting**
- **Breathing problems.** These are more likely if you have experienced them before when taking other painkillers (such as ibuprofen and aspirin)
- **Seizures or difficulty of muscle coordination**
- **Changes in heart rhythm**
- **Unexplained bruising or bleeding**
- **Reoccurring fevers or infections**
- **Nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin.**

When using this product you may experience:

- Drowsiness, sedation, unsteadiness, dizziness, tiredness, blurred vision, or difficulty concentrating
- Dry mouth
- Feeling restless or excitable, confusion
- Tingling sensation in the skin
- Muscle twitching.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Panadol NightPain

Keep out of the sight and reach of children.

Do not use this medicine after the 'EXP' date shown on the pack.
Store below 25°C in a dry place.

6. Further information

Active ingredients: Each tablet contains Paracetamol 500 mg and Diphenhydramine Hydrochloride 25 mg. **Other ingredients** Maize starch, starch pre-gelatinised, potassium sorbate (E 202), povidone, purified talc, stearic acid, hypromellose (E 464), titanium dioxide (E 171), lactose monohydrate, macrogol 400, triacetin, brilliant blue FCF (E 133), indigo carmine (E 132) and carnauba wax.

Packs of Panadol NightPain contain 20 film-coated tablets.

The marketing authorisation holder is GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, Brentford, TW8 9GS, U.K. and all enquiries should be sent to this address.

The manufacturer is GlaxoSmithKline Dungarvan Ltd., Co. Waterford, Ireland or Omega Pharma Manufacturing GmbH & Co. KG, Benzstraße 25, 71083, Herrenberg, Germany.

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