159.0

102.0

Please read through the information on the outside and inside of this pack before you start using this medicine.
If you have any questions, or if there is anything you do not understand, ask your pharmacist.

WHAT ARE THEY FOR?

Panadol Period Pain Tablets provide extra effective pain relief from:
- period pain
- headache
- migraine
- backache
- toothache
- sore throat
- aches and pains of colds and flu
- rheumatic pain
- feverishness
- helps reduce temperature

TAKE SPECIAL CARE

Ask your doctor before you take this medicine:
- if you have **liver** or **kidney disease**, including **alcoholic liver disease.**
- if you have a **severe infection** (See Section 1 inside for more information).

HOW TO TAKE

For oral use. **Adults and children aged 16 years and over:**
Swallow 2 tablets every 4 hours as needed. Do not take more than 8 tablets in 24 hours.
Children aged 12-15 years:
Swallow 1 tablet every 4 hours as needed. Do not take more than 4 tablets in 24 hours.
Do not take more frequently than every 4 hours. Do not give to children under 12 years.
Do not take more medicine than the label tells you to. If you do not get better talk to your doctor.
Avoid too much caffeine in drinks like coffee and tea. High caffeine intake can cause **difficulty sleeping, shaking** and an **uncomfortable feeling in the chest.**

WARNING: Talk to a doctor at once if you take too much of this medicine, even if you feel well. This is because too much paracetamol can cause delayed, serious liver damage.

Contains paracetamol. Do not take anything else containing paracetamol while taking this medicine.

If your headaches become persistent, see your doctor.

INGREDIENTS

Each tablet contains the active ingredients Paracetamol 500 mg and Caffeine 65 mg. Store below 25°C.
Keep out of the sight and reach of children.
The marketing authorisation holder is GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, Brentford, TW8 9GS, U.K. and all enquiries should be sent to this address. PL 44673/0078

5 000347 074240 >

NPA004409

Panadol
Period Pain 500mg/65mg Tablets
14
BN: DO NOT USE AFTER THE EXP DATE:

gsk

Panadol

Period Pain
500mg/65mg Tablets
Paracetamol + Caffeine

Effective Period Pain Relief

Fast Absorption

14

7.0

5.3

7.3

DATA MATRIX CODE N° XXXX

159.0

102.0

1. CHECK BEFORE YOU TAKE PANADOL PERIOD PAIN TABLETS

Do not take Panadol Period Pain Tablets:
- **if you have ever had an allergic reaction** to paracetamol, caffeine or to any of the other ingredients (listed in Section 3).
- **if you are taking any other prescription or non prescription medicines containing paracetamol** to treat pain, fever, symptoms of cold and flu, or to aid sleep.

Ask your doctor before you take this medicine:
- if you have **liver** or **kidney problems** • if you are **underweight** or **malnourished** • if you regularly **drink alcohol** • If you have a **severe infection** as this may increase the risk of **metabolic acidosis.** Signs of metabolic acidosis include: - deep, rapid, difficult breathing - feeling sick (nausea), being sick (vomiting) - loss of appetite.

Contact a doctor immediately if you get a combination of these symptoms. You may need to avoid using this product altogether or limit the amount of paracetamol that you take.

If you are taking other medicines
Talk to your doctor or pharmacist before taking these tablets if you are taking any prescribed medicines; particularly **metoclopramide** or **domperidone** (for **nausea** [feeling sick] or **vomiting** [being sick]) or **colestyramine** (to lower **blood cholesterol**). If you take **blood thinning drugs** (**anticoagulants** e.g. **warfarin**) and you need to take a pain reliever on a daily basis, **talk to your doctor** because of the risk of bleeding. But you can still take **occasional** doses of Panadol Period Pain Tablets at the same time as anticoagulants. This product is not recommended if you are taking **lithium**.

Pregnancy and breast feeding
Due to the caffeine content of this product **it should not be used** if you are **pregnant** or **breast feeding.**

2. POSSIBLE SIDE EFFECTS

Like all medicines Panadol Period Pain Tablets can have side effects but not everybody gets them. A small number of people have had side effects. Very rare cases of serious skin reactions have been reported.
Stop taking the medicine and **tell your doctor immediately** if you experience:
- **Allergic reactions** which may be severe such as skin rash and itching sometimes with swelling of the mouth or face or shortness of breath
- **Skin rash or peeling,** or **mouth ulcers**
- **Breathing problems.** These are more likely if you have experienced them before when taking other painkillers such as ibuprofen and aspirin
- Unexplained **bruising** or **bleeding**
- **Nausea**, sudden **weight loss**, **loss of appetite** and **yellowing of the eyes and skin.**

If your symptoms continue or your headache becomes persistent, **see your doctor.**
Reporting of side effects If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

3. FURTHER INFORMATION

Active ingredients: Each tablet contains Paracetamol 500 mg and Caffeine 65 mg. **Other ingredients:** Starch pregelatinised, povidone k-25, calcium carbonate, crospovidone, alginic acid, magnesium stearate and microcrystalline cellulose. The tablet coating contains titanium dioxide (E 171), hypromellose, macrogol, polysorbate 80 and carnauba wax.
Packs of Panadol Period Pain Tablets contain 14 tablets.
The manufacturer is GlaxoSmithKline Dungarvan Ltd., Co. Waterford, Ireland.
This information was last revised in May 2021.
Trade marks are owned by or licensed to the GSK group of companies.

NPA004409