



**GAVISCON ADVANCE MINT CHEWABLE TABLETS**  
Sodium alginate and potassium bicarbonate

**PATIENT INFORMATION LEAFLET**  
PLEASE READ THIS LEAFLET CAREFULLY BEFORE YOU TAKE THIS MEDICINE. IF YOU ARE NOT SURE ABOUT ANYTHING ASK YOUR PHARMACIST OR DOCTOR.

**1. What is this medicine and what is it used for?**  
Gaviscon Advance Mint Chewable Tablets belong to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort.

Gaviscon Advance Mint Chewable Tablets are used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy, and in patients with symptoms related to oesophagitis. It can be used to relieve the symptoms of conditions such as hiatus hernia (protrusion of muscle through a muscle wall), symptoms of hoarseness and other voice disorders, sore throat and cough associated with reflux. It can be taken to control heartburn symptoms which may occur while taking, or following withdrawal of medication to reduce stomach acid such as Proton Pump Inhibitor (PPI's) or H2 Antagonists.

0359496 Adhesive Deadener

PRINTING READS This Way

TDD1022/3

**2. Before taking Gaviscon Advance Mint Chewable Tablets**  
**Do not take Gaviscon Advance Mint Chewable Tablets if you**

- are allergic to any of the ingredients listed in Section 6
- have a condition called phenylketonuria (as this product is sweetened with aspartame, a source of phenylalanine which is harmful to patients with phenylketonuria).

**Please consult your doctor before taking Gaviscon Advance Mint Chewable Tablets if you**

- are on a potassium, sodium or calcium restricted diet, as each two tablet dose contains small amounts of sodium (4.6mmol), potassium (2.0mmol) and calcium (2.0mmol).

- suffer from heart disease or kidney disease
- are taking diuretics ('water tablets') for high blood pressure as the salt content of these tablets can affect the above diseases and the effect of diuretics.

Please note that if your stomach produces reduced amounts of acid, this product may be less effective.

**Pregnancy and breastfeeding**  
You can take this product if you are pregnant or breastfeeding.

**3. How to take Gaviscon Advance Mint Chewable Tablets**  
For oral use only.

**Adults including the elderly and children 12 years and over**

0359496

Take 1-2 tablets after meals and at bedtime, or as directed.  
Chew thoroughly before swallowing.

**Children under 12 years**  
Should only be taken on medical advice.

**After taking this product**

- If you forget a dose, do not double the dose next time, just skip it and carry on as before.
- If you take too much, you may feel bloated. It is unlikely to cause you harm, but please consult your doctor or pharmacist.
- As with all medicines, treatment should be as short as possible.
- If symptoms persist for longer than 7 days, consult your doctor.**

**4. Possible side effects**  
Side effects are very rare (less than 1 in 10,000 users) and include rash, difficulty breathing, dizziness due to an allergic reaction to the ingredients.  
If you experience these or any other effects not listed, stop taking the tablets and consult your doctor immediately.  
Also you can help to make sure that medicines remain as safe as possible by reporting any unwanted side effects via the internet at "<http://www.mhra.gov.uk/yellowcard>" [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).  
Alternatively you can call Freephone 0800 100 3352 (available from 10 a.m. to 2 p.m. Mondays to Fridays) or fill in a paper form available from your local pharmacy.

0359496

**5. How to store Gaviscon Advance Mint Chewable Tablets**  
KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.  
Store in the original package. Do not store above 30°C. Do not use after the expiry date shown after 'EXP' on the pack.  
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**6. Further information**  
Each tablet contains 500mg sodium alginate and 100mg potassium bicarbonate as the active ingredients. The other ingredients are mannitol (E421), calcium carbonate, macrogol 20,000, copovidone, magnesium stearate, aspartame (951), acesulfame potassium and mint flavour.

Manufacturer and Product License Holder: Reckitt Benckiser Healthcare (UK) Ltd, Damson Lane, Hull UK, HU8 7DS.  
Gaviscon and are trademarks.  
Leaflet last revised January 2013.

0359496