

**PATIENT INFORMATION LEAFLET**  
**GAVISCON PEPPERMINT LIQUID**  
**RELIEF**

Sodium alginate  
Sodium bicarbonate  
Calcium carbonate

Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.

**What is Gaviscon Peppermint Liquid Relief and what is it used for?**

Gaviscon Peppermint Liquid Relief belongs to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort. Gaviscon Peppermint Liquid Relief is used for the treatment of symptoms of

gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy.

**Before using Gaviscon Peppermint Liquid Relief**

**Do not take this product if:**

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).

**Take special care before treatment with Gaviscon Peppermint Liquid Relief:**

This medicine contains small amounts of sodium (6.2mmol per 10ml). If you have been advised to follow a low sodium (salt) diet ask your doctor before taking this product.

This product contains methyl (E218) and propyl (E216) parahydroxybenzoates which may cause allergic reactions (possibly delayed).

You can take this product if you are pregnant or breast feeding.

**Taking Other Medicines**

Do **not** take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antihistamines, antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and beta-blockers (for heart conditions), neuroleptics (for mental illness), thyroxine, chloroquine (for malaria) and bisphosphonates (for osteoporosis).