

Product Information Sheet

Please read this leaflet carefully because it contains some important information for you.

What is Curcusorb[™]?

Curcusorb[™] is a food supplement providing a specially prepared extract of Turmeric (*Curcuma longa* L). Food supplements should not replace a balanced diet and a healthy lifestyle.

This pack contains 4 blister strips of 15 tablets.

Each oval tablet provides:	
CurcuWIN [®]	500mg
Providing:	
Curcuminoids	100mg
Also contains inactive ingredients: Antioxidant: Mixed Tocopherols, Bulking Agents (Dicalcium Phosphate, Crosslinked Cellulose Gum & Calcium Phosphate), Glazing Agents (Hydroxypropyl Methylcellulose & Glycerin), Anti-caking Agents (Magnesium Stearate & Silicon Dioxide).	

Curcusorb[™] is suitable for vegetarians and vegans.

What is in Curcusorb[™]?

Natures Best Curcusorb[™] contains a technically advanced turmeric extract that has been specially prepared to greatly increase its absorption from the digestive system.

Turmeric is widely used as a spice in curries and mustards as well as a natural colouring agent in other foods. It has also been used for centuries in Ayurvedic (traditional East Indian) medicine. In recent years scientists around the world have been studying turmeric and in particular a group of compounds in turmeric called curcuminoids. The predominate curcuminoid, called curcumin, gives turmeric its distinctive yellow colour and has been the focus of much of the scientific research.

One established problem with curcumin is that it does not easily dissolve in water and it is this feature of the compound that is believed to significantly limit the amount that can be absorbed from our digestive systems. For this reason a number of turmeric extracts with 'enhanced absorption' have been developed and this product contains one of these called CurcuWIN[®].

CurcuWIN[®] is manufactured utilising proprietary UltraSOL[™] technology. This is a molecular dispersion process that enhances the bioavailability of poorly absorbed nutrients and increases water dispersibility of fat soluble ingredients such as curcumin.

In a controlled human clinical trial (Jäger et al. Nutr.J2014 Jan 24;13(1):11) comparing CurcuWIN[®] with a standard turmeric extract the relative absorption of total curcuminoids was increased by 46 times

over the standard material. The same study also compared CurcuWIN[®] with two other 'enhanced absorption' extracts and was found to be significantly more bioavailable than either of these.

Importantly, another benefit of CurcuWIN[®] is that it provides the curcuminoids in the same profile as they are naturally found in turmeric.

What is Curcusorb[™] used for?

Curcusorb[™] can be used in any situation where a turmeric supplement is being taken. Turmeric supplements are used for a wide range of reasons and if you have been recommended by a practitioner to take a turmeric supplement then they will have explained the purpose of it. If you have decided on your own to take a turmeric supplement and require any further information then you can contact our Nutrition Advice team by email or phone (see details below).

Curcusorb[™] can be taken on a long term basis as the nutrients provided by the formula are at safe levels.

Who can take this product?

Curcusorb[™] can be taken by all adults but is not suitable for women who are pregnant or breast feeding.

How to take Curcusorb[™]

Take 1 tablet daily. Swallow whole with water. Do not exceed recommended daily dose.

Cautions

Do not take if pregnant or breast feeding.

Interactions with medicines

Curcusorb[™] can be taken alongside medicines but if you have been prescribed a medicine it is always advisable to inform your doctor of any supplements you are taking.

How this product should be stored

Store in a cool dry place.

Do not use after the best before date (BBE) shown on the pack.

KEEP AWAY FROM CHILDREN

If you would like further information about this product please contact: Nature's Best, Century Place, Tunbridge Wells, Kent TN2 3BE. Tel: 01892 552175. www.naturesbest.co.uk

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