

Super Greens Smoothie

Servings: 2

Prep time: 2 minutes

Ingredients

1 -2 teaspoon Super Greens Powder (Nature's Best Super Greens Powder CODE: 775-200)

A large handful of spinach, 1tsp coconut oil, 2 tsp almond butter
1 slice of lemon (with rind), 1 inch ginger root, 250mls almond milk

Method

Place all ingredients in a blender, and combine until smooth

Dietary Information

Contains Nuts

